

## Early Intervention



Early intervention services are comprehensive services and supports to enhance a child's development and to help caregivers facilitate their children's growth and development. Services are tailored to meet an eligible child's and family's individual needs. Services are available to all eligible children ages birth to three with developmental delays or disabilities and their families regardless of income, in accordance with the federal Individuals with Disabilities Education Act (IDEA), Part C. There are clear time lines and no waiting lists.

### **Who is eligible for Early Intervention Services?**

Children are referred for a developmental evaluation that covers five areas (Social-Emotional, Cognitive, Communication, Self-Help/Adaptive, and Physical development). To qualify for services, the child must:

- Have a 25% delay at least one of the five developmental areas, compared to same aged peers;
- Have a diagnosis that is likely to result in developmental delay; or,
- The evaluator may use "Informed Clinical Opinion" that there is a delay not reflected by test scores.

### **Why are Early Intervention Services important?**

Early Intervention has a proven track record of promoting children's development and family wellbeing:

- Nationally 50% or more of children birth to five in the Child Welfare system have developmental delays or behavioral problems that would qualify them for Early Intervention services, a much higher rate of likely eligibility than their age peers (13%).
- Children close the gap on delays--31 % of children exiting Early Intervention at age 3 did not qualify for special education services.
- Parents learn how to advocate for their children in education settings--99% of families surveyed reported early intervention helped them effectively communicate their child's needs.
- The whole family gets support and skills to help the child. Birth parents, foster parents and siblings can participate in services.
- Smoother transitions IF child does qualify for school district services at 3.

### **What types of services are provided by Early Intervention providers?**

Once a child qualifies for Early Intervention, an Individualized Family Service Plan (IFSP) is created with parents/caregivers and service providers to determine what combination of services will best support the child's development. Services are especially provided using a parent/caregiver coaching approach to incorporating playful strategies into daily routines and activities.

- Every child/family has a Family Resource Coordinator, like a case manager.
- Developmental evaluations and ongoing assessments are part of every child's plan.
- "CHERISH" services are currently offered by providers at five agencies who have specific training to support the social-emotional wellbeing of children in foster care.
- Most frequently provided services are:
  - Developmental Services, Individual Education (also may be called Special Education)
  - Speech Therapy
  - Motor Therapy (Occupational or Physical Therapy)
  - Feeding Therapy and Nutrition Support
- Other available services include: Audiology, assistive technology devices & assistive technology services; Family training, counseling, and home visits, Social work, or Psychological services; Health services, Nursing services, Medical services for evaluating or diagnosing; Vision services; and, Transportation (not typically needed as services are mostly home or childcare based).

**What happens at age 3?**

At least six to nine months before a child turns 3, the Family Resources Coordinator will assist the family in planning a move to the next service provider, education program or school district serving the child. This can change where and how services are provided. In early intervention, this change is called transition. A transition plan meeting must take place at least 90 days before a child turns 3. The FRC will assist the family in planning a move to other possible services if the child is not eligible for special education preschool services.

**Where are Early Intervention Services provided?**

Services are provided in “natural environments” with 95% of children receiving services at home, in child care or other community based settings. Regardless of where a child lives, there is a service provider available. King County Developmental Disabilities Division contracts with 12 providers throughout the County.

Anyone may make referrals to King County’s current central referral line at 1-800-756-5437.

<b>Full Service Early Intervention Providers-Serve Specific Areas Within...</b>	
<b>North King</b>	<b>East King</b>
Boyer Children’s Clinic Kindering Center** ChildStrive (formerly Little Red School House) Northwest Center Kids* Wonderland Developmental Center	Encompass* Kindering Center**
<b>Seattle</b>	<b>South King</b>
Boyer Children’s Clinic Experimental Education Unit Northwest Center Kids* Wonderland Developmental Center	Birth to Three Developmental Center* Northwest Center Kids* South King Early Intervention Program (SKIP)*
<b>Deaf/Hard of Hearing Services Providers</b>	
<b>Serve Throughout King County</b>	
Northwest Center Kids (Independent Family Resource Coordinators are the primary contact for the following programs): <ul style="list-style-type: none"> <li>Hearing, Speech and Deafness Center—Parent Infant Program</li> <li>Listen and Talk</li> <li>Seattle Children’s—Family Conversations</li> </ul>	

\*CHERISH service providers available for eligible children in foster care.

\*\*Lead CHERISH service provider may also serve children who are not eligible for early intervention.

See *attachment* for more details on each program, including the zip codes they serve

March 2014

## Early Intervention Providers in King County

Information for Referrals 2/14/2014

Full Service Early Intervention Providers	
North King	East King
Boyer Children’s Clinic Kindering Center ChildStrive Northwest Center Kids Wonderland Developmental Center	Encompass Kindering Center
Seattle	South King
Boyer Children’s Clinic Experimental Education Unit Northwest Center Kids Wonderland Developmental Center	Birth to Three Developmental Center Northwest Center Kids South King Early Intervention Program (SKIP)

Deaf/Hard of Hearing Services Providers
Countywide
Northwest Center Kids (Independent Family Resource Coordinators are the primary contact for the following programs): Hearing, Speech and Deafness Center--Parent Infant Program Listen and Talk Seattle Children’s—Family Conversations

Provider Service Area and Contact Information (Alphabetical)			
Provider Information—Alphabetical List	Service Area in King Cty.	Zip Codes	Family Contact
<b>Birth to Three Developmental Center</b> Staff members meet the individual needs of infants, toddlers and their families by providing high quality early intervention services including: evaluation, specialized instruction, occupational, physical, and speech therapies as well as support services for families. We involve parents in every aspect of their child’s learning experiences, allowing learning to extend to their homes and community.	South King County in Federal Way, Auburn and Fife School Districts. We also serve the Southern part of Highline School District. Our North Boundary is 232 <sup>nd</sup> in the Highline District. We also serve Pierce County.	98001, 98003, 98023, 98032, 98047, 98063, 98092, 98198, 98354	Please contact Birth to Three Developmental Center at 253-874-5445. FAX: 253-874-0687
<b>Boyer Children's Clinic</b> Since 1942, Boyer Children's Clinic has been providing Early Intervention services to children and families in Greater Seattle, including: physical therapy; occupational therapy; speech-language pathology; feeding therapy; inclusive toddler groups (with parent participation and typically developing peers); social work; medical evaluations (by a developmental pediatrician), and family resources coordination. Intake appointments and initial evaluations are conducted by nurses. Therapy and special instruction are offered in home or childcare settings. Toddler groups are also available.	North – to the Snohomish Co. border East – to Lake Washington South – to Roxbury + the portions of Seattle Public Schools that go further south West – to Puget Sound, including Vashon Island	98101, 98102, 98103, 98104, 98105, 98106, 98107, 98108, 98109, 98112, 98115, 98116, 98117, 98118, 98119, 98121, 98122, 98125, 98126, 98133, 98134, 98136, 98144, 98146, 98155, 98168, 98177, 98178, 98199	Intake Coordinator (206) 325-8477

## Provider Service Area and Contact Information (Alpha)

Provider Information—Alphabetical List	Service Area in King Cty.	Zip Codes	Family Contact
<p><b>ChildStrive</b> serves children under three who have developmental delays or disabilities. They utilize proven approaches to provide parent coaching in the child and family’s natural learning environment – home, child care, library, park, etc. Services include developmental assessment and evaluations; Occupational, Physical, Speech Therapy, and Educational Services through a Parent Coaching Model; Counseling/Social Work Services; Resource Coordination; and Parent Education and Support.</p>	<p>ChildStrive serves the Northshore School District and Shoreline School District.</p>	<p>98011, 98012 98021, 98028, 98052, 98072, 98077, 98177, 98155, 98133, 98125</p>	<p>Please call Annel Zuniga at 425-353-5656 ext7318</p> <p>Or FAX referrals to 425-771-8479</p>
<p><b>Encompass</b> Through its mission to “nurture children, enrich families and inspire community,” Encompass works to create a service hub for families and children. Early Intervention services are primarily provided to families in their own homes allowing therapists to use normal everyday activities as a part of the therapy program, making therapy fun and non-intimidating.</p>	<p>Encompass Birth to Three Early Intervention Program has served children who live in the Snoqualmie, Riverview and Issaquah school districts.</p>	<p>98027 98050 98065 98045 98074- partial 98059- partial 98014 98024 98019 98029 98075</p>	<p>To schedule an evaluation to see if your child qualifies for early intervention, contact our intake coordinator, Melissa Hammond, at 425-888-3347 ext2303</p> <p>Or FAX 425-888-3348.</p>
<p><b>The Experimental Education Unit (EEU)</b>, located at the University of Washington, provides Early Intervention Services including both home-based and center-based services to children and their families. Center-based services are provided in the context of inclusive play groups, where children with developmental delays as well as typically developing children participate. Speech therapy, motor therapy, and special instruction are incorporated into the play groups during play, snack times, music, and outdoor activities.</p>	<p>Serving primarily children and families in the Seattle School District. We also have contracts with Shoreline and Kent.</p>		<p>Beth Younger at (206) 616-1347</p>

**Provider Service Area and Contact Information (Alpha)**

Provider Information—Alphabetical List	Service Area in King Cty.	Zip Codes	Family Contact
<p><b>Kinderling</b>                      Kinderling houses the largest and most comprehensive Early Intervention program in Washington. We begin with a comprehensive team assessment. If eligible, we discuss which of our many services meet your family’s unique needs. This may include speech-language therapy, occupational or physical therapy, or education provided in your home or in a Kinderling-run playgroup or preschool. We also have programs for the entire family, such as Mothers’ Circle, Father’s Network, SibShops for siblings of children in services, family therapy, and family resources coordination. Please see <a href="http://www.kinderling.org">www.kinderling.org</a>.</p>	<p>Kinderling serves children and families who live in the following areas of East King and South Snohomish Counties:  <b>Northshore School District</b>                      • <i>Snohomish County</i>  <b>Bellevue School District</b>  <b>Mercer Island School District</b>  <b>Lake Washington School District</b>  <b>Issaquah School District</b>  <i>(w/ 2 exceptions)</i>                      • <i>In 98027, only north of North May Valley Rd.</i>                      • <i>In 98059, only north of SE 128<sup>th</sup> St.</i>  <b>Renton School District</b>                      • <i>98056, 98006, 98059 ONLY north of SE128<sup>th</sup> St.</i></p>	<p><b>98004, 98005, 98006, 98007, 98008, 98011, 98021*, 98012*, 98028, 98027 (<i>north of May Valley Rd.</i>), <b>98029, 98033, 98034, 98036*, 98039, 98040, 98052, 98053, 98056, 98059 (<i>north of SE 128<sup>th</sup> St.</i>), <b>98072, 98074, 98075, 98077*, 98296*</b>                       * = <i>only if Northshore School District)</i></b></b></p>	<p>Please contact our intake team at 425.653.4300                       Or fax referrals to 425.747.1069.</p>
<p><b>Northwest Center Kids, Early Intervention</b>                      Northwest Center provides home, child care and community based early intervention therapy to eligible children aged birth to three. Our therapy services include occupational therapy, physical therapy, special education/instruction, speech therapy and nutrition services. Families can also access Northwest Center’s early intervention community based feeding team and Hanen parent classes. Northwest center uses an inclusive approach involving the family and other caregivers in the child’s therapy. Therapists support parents and other caregivers in enhancing their everyday routines and activities to help them achieve their priorities and goals for their child and family.</p>	<p>North Boundary N 145<sup>th</sup>, south Shoreline                      All of Seattle                      North Tukwila                      North Burien                      South boundary is SW 148<sup>th</sup> St in Burien and S 120<sup>th</sup> in Skyway</p>	<p>98101, 98102                      98103, 98104                      98105, 98106                      98107, 98108*                      98109, 98112                      98115, 98116                      98117,98118                      98119,98121                      98122,98125                      98126, 98133*                      98134,98136                      98144, 98146*                      98154, 98164                      98174, 98177*                      98178,98195,                      98199 *= Part</p>	<p>Family Resources Coordinator line (Elizabeth McKee, Jonelle Held, Julia Bentley, Lynn Kemmerer):                      206-691-2598                       Fax: 206-286-2301                       Becky Smith or Lottie Olver, Directors:                      206-286-2322</p>
<p><b>Northwest Center Kid’s</b> Family Resources Coordinators for families who have children who are deaf or hard of hearing. They make a home visit to explain how early intervention services work for infants and toddlers with hearing loss. They explain your rights as a parent and help you enroll in a program for children with hearing loss to meet your child’s needs.</p>	<p>All of King County</p>	<p>All in King County</p>	<p>Family Resources Coordinators:                       Sandy Duncan                      Jodi Reimer                      Phone: 206-691-2585                       FAX 206 286-2301</p>

**Provider Service Area and Contact Information (Alpha)**

Provider Information—Alphabetical List	Service Area in King Cty.	Zip Codes	Family Contact
<p><b>South King Early Intervention Program (SKIP)</b> provides home and community based early intervention services for eligible children ages birth to three. At SKIP every family is paired with a Family Resources Coordinator (FRC) and service provider(s) from a team that includes Speech Therapists, Physical Therapists, Occupational Therapists, and Early Education Teachers. Together with the family, we create an Individualized Family Service Plan (IFSP) that addresses each family’s unique concerns, as well as their hopes and dreams. Along with direct therapy and education services, SKIP providers coach families and caregivers on how to recognize learning opportunities which occur during typical family routines. Services are provided in the child’s home, daycare, and other community settings. Inclusive developmental playgroups (with parent participation and typically developing peers) are also available at both SKIP locations in Kent and Burien.</p>	<p>SKIP serves families who live in the following school districts: Auburn (east of Hwy 167 and Hwy 18 interchange and North of South Auburn Way/Hwy 164), Enumclaw, Kent, Tahoma, Highline, Tukwila, Renton (south of Sunset Ave.), and a small part of Issaquah (bordering areas around Northeast Renton/Maple Valley).</p>	<p>98001, 98002, 98092 (E of Hwy 167 &amp; Hwy 18 interchange &amp; N of S. Auburn Way/Hwy 164) 98010, 98022 98030, 98031 98032, 98038 98042, 98051 98055, 98057 98058, 98056, 98059 (South of Hwy 900/Sunset ) 98106, 98126 (Only the addresses in the Highline School District) 98146, 98148 98166, 98168 98178, 98188 98198</p>	<p>To schedule a full developmental evaluation, contact our Intake Coordinator at 253-854-5660.</p> <p>FAX 253-854-7025</p>
<p><b>Wonderland Developmental Center</b> provides comprehensive, family-focused therapeutic support in home and community settings for children birth to 3 years with developmental delays or disabilities. Services are individualized and provided by a team of experts with extensive training and experience. Parents and caregivers are valued members of the team and work together with Wonderland staff to help their child meet his or her full potential. Services include developmental evaluations; occupational and speech therapy, specialized instruction, counseling/social work services, and family support, education and resources.</p> <p>Wonderland also offers Play &amp; Learn groups for children under 5 years of all abilities, therapeutic summer camps for children ages 3-5 years, and the internationally recognized Hanen parenting program supporting early childhood communication development, which is particularly effective for children with autism spectrum disorder.</p>	<p>In King County, our southernmost border is 65<sup>th</sup> and we serve families all the way to the east and west (to the water on the west, and to I-405 in Woodinville to the east), and our northernmost border is right up to the Snohomish County line.</p> <p>We also serve south Snohomish County.</p>	<p>98011-southern border: NE 145<sup>th</sup> St.; eastern border: I-405; northern border: Sno. Co. 98028, 98072-eastern border: Hwy 522 98103-southern border: 65<sup>th</sup> St. NE 98115-southern border: 65<sup>th</sup> St. NE 98117-southern border: 65<sup>th</sup> St. NE 98125, 98133 98155, 98177</p>	<p>Call our general number: 1-206-364-3777</p> <p>Fax number: 1-206-364-3999</p> <p>Website: <a href="http://www.wdcbirthtothree.org">www.wdcbirthtothree.org</a></p>